



This rider modifies the AccessWV **Policy (Revision Date: July 2007)** as follows:

Precertification for Specified Services (Mandatory) p. 25

Page 26. Add “● Sleep studies, services and equipment”.

What is Covered (Alphabetical List) p. 31

Page 39. Add: ♦ **Sleep Management Services**. All sleep testing, equipment and supplies are covered through a network of West Virginia providers and require precertification through Sleep Management Solutions, a subcontractor of Wells Fargo TPA.

SPECIAL PROGRAMS p. 45

Page 46. Add:

Sleep Management Services

AccessWV covers services for the treatment of sleep apnea and other related conditions than can affect your health. Benefit levels for these services are as specified in this Policy.

In order to ensure compliance and ensure responsible use of all prescribed sleep services, PEIA, AccessWV's Plan Administrator through its subcontractor, Wells Fargo TPA, has contracted with Sleep Management Solutions (SMS) to manage AccessWV's sleep services.

All sleep testing services require prior approval. A precertification process has been established to ensure that the services are medically necessary and appropriate. If your physician says you need a sleep test, ask him/her to call SMS at 1-888-49-SLEEP (1-888-497-5337). If approved, you will be provided a list of contracted labs that you may use to receive services.

In addition, to managing sleep-testing services, SMS is the sole source for CPAP and Bi-level equipment and supplies. A process is in place so that patients who have been diagnosed and prescribed CPAP or Bi-level therapy can be set up and educated at the lab where they receive their sleep study.

Tobacco Cessation Program

AccessWV provides benefits for members who wish to quit smoking or who wish to stop using smokeless tobacco products. The tobacco cessation benefit is available to all members regardless of whether they are meeting a waiting period for pre-existing conditions.



AccessWV will cover an office visit, if it is required to obtain a prescription for tobacco cessation drugs. This visit is not subject to the medical deductible.

AccessWV will pay for prescription and non-prescription tobacco cessation products, if they are dispensed with a prescription, as part of its pharmacy benefit. Nicotine patches are available at no cost to the member. Both the deductible and the copayment are waived on nicotine patches when prescribed by a physician and purchased at a network pharmacy.

Otherwise, coverage is subject to the drug deductible. With the exception of nicotine patches, all prescription and over-the-counter (OTC) tobacco cessation products will be covered with the applicable generic (\$5), preferred (\$15) or non-preferred (\$50) copayment, depending on their status on the Preferred Drug List.

For pregnant members (policyholder and spouses only), AccessWV will provide 100 percent coverage for tobacco cessation products with no deductible or copayment.

Coverage for a tobacco cessation product is limited to one 12-week cycle per rolling 12-month period. There is a lifetime benefit limit of 3 cycles.

Members taking tobacco cessation products are encouraged to enroll in the hotline maintained by the pharmaceutical company making their drug to obtain support and counseling for their quit-smoking effort.

The tobacco cessation benefit is summarized below.

Smoking Cessation Benefit	Cost to Member
Prescription & non-prescription tobacco cessation products (when dispensed with a prescription) (<i>except nicotine patches</i>)	Drug deductible applies. After deductible, copay of \$5, \$15 or \$50 depending on drug selected. Deductible and copays waived for pregnant policyholders and spouses.
Nicotine patches	\$0, covered in full.
Office visit to obtain prescription for smoking cessation drug	\$10 copayment; medical deductible does not apply.

Weight Management Program

AccessWV offers a facility-based Weight Management Program for members who have a Body Mass Index (BMI) of 30 or greater or a BMI of 25 or greater with such related conditions as hypertension, diabetes, heart disease or sleep apnea. The program includes dietitian services, exercise physiologist services, personal trainer services, access to a fitness facility and care management services from the nurses at Wells Fargo TPA.

The Weight Management Program is available to all qualified members regardless of whether they are meeting a waiting period for pre-existing conditions. To enroll, you must submit some



medical information and written approval from your physician. For more information or to enroll in the program, contact 1-866-688-7493.

AccessWV pays approximately 85 percent of program costs during the first three months and 50 percent thereafter. The medical deductible does not apply to the program. The benefit is limited to one per lifetime. Members are expected to stay in the program for one year but may continue for two.

The member shares costs according to the schedule below.

Weight Management Benefit	
Time Period	Member Pays
First three months	Copay of \$135 (\$45 monthly); not subject to the medical deductible.
Months 4-12 during 1 st year	\$14 monthly
Second year	50% of costs (no more than \$25 monthly)

DRUGS WITH SPECIAL LIMITATIONS p. 58
Quantity Limits p. 59

Page 59. Add: 8. Tobacco cessation drugs. Coverage for a tobacco cessation product is limited to one 12-week cycle per rolling 12-month period; 3 cycles per lifetime.

DRUGS THAT ARE NOT COVERED p. 63

Page 64. Delete: 25. Tobacco cessation drugs.